



Homecoming 2019

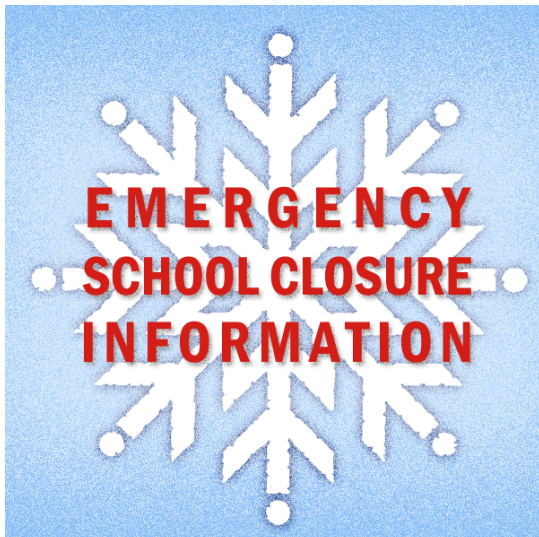
Homecoming Court 2019

Mikayla Hausman escorted by Jacob Bottom

Queen Josie Vyhnalek escorted by King William Yokel

Kate Houlden escorted by Zayne Gomez

From the Superintendent Mr. Kraus



Although the weather has been very good to us this fall, we know changes are around the corner.

Cold winter winds mixed with snowy conditions can make it very difficult and dangerous for students and transportation.

As superintendent of the school, it is my duty to determine if school should be cancelled or have a delayed start.

With our Blackboard Connect communication program, you will receive a voice mail, email, and text informing you of cancellation or delays.

Please make sure your contact information is updated and

current with the school's Powerschool information system to ensure you receive these messages. Contact the school office if you need to update a phone number or email.

I will also contact local radio and TV stations with this information, but Blackboard will be your first and quickest means of receiving this information.

In an attempt to facilitate the planning process, I am offering the following information:

When there is a credible potential of severe winter weather, I will attempt to make a determination by 6:00 AM if we are going to cancel school or simply have a delayed start to the school day.

If your kids ride the bus, and we have a one or two hour delay to the start of the school day, simply add the one or two hours to their usual pick-up time—this should provide parents with a reasonable estimate as to when to expect the bus to arrive.

Please have a plan in place for your children. Winter weather can surprise us, and quick decisions need to be made. Having a family plan in place now will help you if transitions are necessary if school is cancelled.

Stay warm and be safe!

David Kraus - Superintendent

FRIEND PUBLIC SCHOOL offers online payments for your convenience!

- When your child's lunch balance is getting low, you can also receive an e-mail alerting you of the low balance along with an option to replenish.
- Our partnership with *e-Funds for Schools (EFS)* will allow you to pay for your student's meals from your checking account, debit card, or credit card.
- Fund your child's lunch account at any time and from anywhere!
- Parents can access the *e-Funds for Schools* system and make one payment for one or all of their children, all during a single visit!


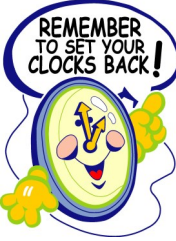

To get started, visit: <https://payments.efundsforschools.com/v3/districts/56376>

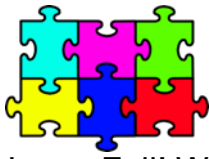
Or email: michele.clouse@friendschool.org



November

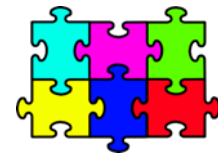


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>For the most current and up to date information, please go to: http://www.pioneerconference.org and click on Friend or check the calendar on the school website: friendbulldogs.org</p>						
			FFA Livestock Judging @ York JH Quiz Bowl @ Seward	<i>FCA Lunch Meeting in Mr. Hitchcock's room</i>	2:00 out	One Act @ York TBD
						
3	4	5	6	7	8	9
	Veteran's Program 8:30 Pioneer Conf. Vocal Clinic @ Sterling EMF FFA Chapter Meeting @ Exeter 7:00 BOE - Media Center 6:30 JH WR - Friend Invite 5:00		NHS Red Cross Blood Drive East Gym 9-3	JH GB @ Wilber - Clatonia 6:00	2:00 out	JH GB vs Deshler 10:00
10	11	12	13	14	15	16
	JH GB vs. Southern 6:00 <div style="border: 1px dashed black; padding: 5px; width: fit-content; margin: 10px auto;"> <i>Start of Winter sports practices</i> </div>	JH GB vs Sutton 4:00 JH WR @ Dorchester Invite 5:00	Pioneer Conf. One Act @ NC Lourdes TBA	<i>FCA Lunch Meeting in Mr. Hitchcock's room</i> JH WR - Crete Invite 6:00	2:00 out	
17	18	19	20	21	22	23
	One Act Dinner Theatre 7:00	One Act Matinee 2:45 JH WR @ Fillmore Central (Geneva) 4:30	NO SCHOOL Thanksgiving Break		NO SCHOOL Thanksgiving Break	
24	25	26	27	28	29	30



Stutzman's Side Notes

"You Learn Something New Every Day"



Happy Fall! We have one quarter completed for the school year, and we are moving into the second quarter! One of the activities we did in the elementary was have our students learn about Fire Safety during Fire Prevention Week.

Thank you very much to the parents who were able to attend parent teacher conferences. In the elementary, we had an amazing 98% turnout (139/142 kids represented), and in the 7th-12th Grades we had a 70% turnout (68/97 students represented). To help your child succeed, we all need to do our part.

During our October Bulldog Buddies Meetings, the students enjoyed playing board games with each other and getting to be together! In November, we will be making cards for our Veterans.

Our school also had Red Ribbon Week during October 28-31 to learn about safety with drugs and alcohol. A speaker came to talk to the 7th-12th graders, and every day the students learned something new about how to stay safe and to just say NO! Thank you to our Student Council groups for organizing Red Ribbon Week!

On Halloween, the elementary students enjoyed having a parade where they got to see other students' costumes and fall parties in their classrooms. The teachers reminded them how to stay safe when Trick or Treating and most importantly, to always say, "Please and Thank You!"

Go Bulldogs!!

Liz Stutzman- Principal

Friend Elementary Food Drive: "Friendly" Classroom Competition

Friend Elementary is again helping our community by stocking The Friend Food Pantry.

The food drive will run from November 4 - November 20. Each class will compete to see which class can collect the MOST items in these two weeks.

Last year we collected over 1,000 items and the 6th grade won by only 2 cans!! It was a close race! Who will win this year??

This is for Pre-school - 6th Grade classrooms.

(Junior high and High school will collect in the spring).

Please consider donating to those who are less fortunate and need our help. Bring your items to school by November 20th, food, household items, and toiletries are welcome. Thank you for your help and for setting a "Giving" example and mentality for your children.



Important Dates to Mark Down this

Month

November 4-20th: Preschool-6th Grade Canned Food Drive

November 11th:

Veteran's Day Program at 8:30 AM in the old gym; cookies and coffee to follow for Veterans in the cafeteria.

November 27, 28, 29: Thanksgiving Break

Friday Early Release Update

Fridays are 2:00 Early Releases for all students.

Other Early Release Days= (due to not having a Friday that week) --- March 11 and April 9.

School Website: www.friendbulldogs.org

Twitter Account: @FriendSchools

Facebook: Friend Public School



EducationQuest Foundation College Planning Bulletin

A monthly college planning guide for Nebraska high school students

November 2019

Seniors...a reminder of what to do this fall

There's A LOT going on right now with the financial aid and college admission processes, but don't get overwhelmed! Here's a recap of tasks you should complete this fall to stay on track to college.

Complete the Free Application for Federal Student Aid (FAFSA)

First, create an FSA ID for you and one for a parent at fsaid.ed.gov. You'll need it to access and sign the FAFSA. [Click here](#) for instructions.

Review our [FAFSA Checklist](#) for a list of items to gather before you start the form.

Complete the FAFSA at fafsa.gov. You may also complete it via the myStudentAid app for iOS and Android.

For *free* help with the FAFSA, see [FAFSA Tools](#) at EducationQuest.org or call EducationQuest to make an appointment: Omaha – 888.357.6300, Lincoln – 800.303.3745, Kearney – 800.666.3721, or Scottsbluff – 800.303.3745, ext. 6654.

Apply to your top college choices

If you attend one of nearly 200 Nebraska high schools holding *Apply2College* events this fall, you'll get help with your applications. If not, [here are steps](#) you should take to apply.

Retake the ACT and/or SAT. Colleges use your best scores for college admission and scholarships.

Get serious about applying for scholarships. See [ScholarshipQuest](#) at EducationQuest.org for Nebraska-based scholarships and a list of national search sites.

=====

Juniors...start researching colleges

If you narrow your college choices by the end of your junior year, your senior year will be less stressful. Here's how to get started:

Review [College Profiles](#) at EducationQuest.org for information about colleges in Nebraska and across the country. If you're interested in an out-of-state school, check out the [Midwest Student Exchange Program](#) to learn about tuition discounts.

Meet with college representatives who visit your school, and then visit the websites of the colleges that interest you to learn more about the schools.

Once you've narrowed your choices, [schedule campus visits](#). Try to visit in the spring of your junior year while colleges are still in session.

For more tips, see the [Finding the Right Fit section](#) at EducationQuest.org.

This app will help you stay on track to college

Download the EducationQuest app for easy access to tools like *Activities Resume, College Profiles, College Timeline, Reality Check, and ScholarshipQuest*. There's also a calendar that will guide you through college-planning steps - and you can personalize it with your own tasks.

Download the app and encourage your friends to do the same!

[Apple](#) [Android](#)

November "To Do" List

Seniors...complete these tasks in November to stay on the path to college:

- ___ Complete the [FAFSA](#).
- ___ Apply to your top college choices.
- ___ Download the [EducationQuest app](#).
- ___ [Register](#) by November 8 for the December 7 SAT.
- ___ [Register](#) by November 8 for the December 14 ACT.

Juniors...complete these tasks:

- ___ Research colleges that interest you.
- ___ Take a prep course for the ACT college entrance exam.
- ___ Download the [EducationQuest app](#).

For free help with college planning, contact

EducationQuest Foundation:

EducationQuest.org

Follow us on [Facebook](#), [Twitter](#) and [Instagram](#) for a chance to win a [\\$500 scholarship!](#)

Your Journey to College Begins with Us

November Breakfast & Lunch Menu

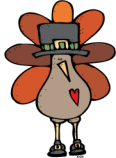
Monday

Tuesday

Wednesday

Thursday

Friday

<p>Meal Prices 2019-20 Breakfast.....\$1.80 Grades K-6 lunch \$2.75 Grades 7-12 lunch \$3.00 Extra lunch entrée..\$1.00 Milk (extra or snack time) \$.35</p>		<p>Adult Breakfast...\$2.30 Adult Lunch.....\$3.75</p> <p><i>A student will be notified in writing if and when his/her account has a negative balance.</i></p>		<p>NO SCHOOL Fall Break</p>  <p style="text-align: right;">1</p>	
<p>Breakfast Pizza Chicken Strips Mashed Potatoes Bread/Butter</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">4</p>	<p>Bacon Breakfast Toast Soft Shell Taco Toppings Corn Bread/Butter</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">5</p>	<p>Breakfast Bites Tomato Soup Grilled Cheese Goldfish Crackers</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">6</p>	<p>Scrambled Eggs Chicken Quesadilla Santa Fe Koos Koos Bread/Butter</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">7</p>	<p>Chocolate-Chococlate Chip Muffins Mini Cheese Bagel Pizza Carrot Cake</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">2:00 out 8</p>	
<p>Donuts Cheese Flatbread Peas Pudding</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">11</p>	<p>Pancakes Mandarin Orange Chicken Rice Bread/Butter</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">12</p>	<p>Egg Taco Hot Dog/Bun Chili Shredded Cheese</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">13</p>	<p>Breakfast Burrito Seniors Meal Hamburger/Bun Seasoned French Fries Chocolate Chip, M & M Cookies</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">14</p>	<p>Biscuits & Gravy Fiestada Mexican Rice Churro</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">2:00 out 15</p>	
<p>Breakfast Pizza Chicken Patty/Bun Jello Cheesy Broccoli</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">18</p>	<p>French Toast Mini Corn Dogs French Fries</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">19</p>	<p>Cinnamon Roll Thanksgiving Meal Sliced Turkey Mashed Potatoes Gravy Hot Roll Pumpkin Dessert</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">20</p>	<p>Egg Omelet Sub Sandwich Chips Cookie</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">21</p>	<p>Cherry Strudel Stuffed Crust Cheese Pizza Pudding Brownies</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">22</p>	
<p>Donut Chicken Nuggets Mashed Potatoes Gravy Bread/Butter</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">25</p>	<p>Apple Churros Meaty Nachos Toppings Green Beans Bread/Butter</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">26</p>	<p>NO SCHOOL Thanksgiving Break</p> <p style="text-align: right;">27</p>	<p>NO SCHOOL Thanksgiving Break</p>  <p style="text-align: right;">28</p>	<p>NO SCHOOL Thanksgiving Break</p> <p style="text-align: right;">29</p>	

Kindergarten goes to Pumpkin Patch



The tiger was generously donated as a symbol of Doane College pride and spirit by
Troy A. Kanter
Class of 1990
Dedicated May 2013
Bob Guellich, Sculptor

Future Leaders Trip to Doane University

On Tuesday, October 22nd, Mrs. Stutzman and eight 4th-6th grade future leaders (*Jacob, Ty, Maddy, Zach, Avery, Elijah, Aniston, and Babe*) were able to attend a Youth Leadership

Conference at Doane University in Crete. The students worked in groups and did many physical and problem solving activities on how to work as a team. They loved meeting many new friends, working as a team, and, of course, having lunch in the college cafeteria!

"We are Leaders and we include people, encourage people, and build character!"

Fire Safety Day



MONDAY - CLASS COLOR DAY

Freshman (Gray) - Shelby Lawver
Sophomore (Blue) - Katelyn Babula
Junior (White) - Frank Filipi
Senior (Black) - James Anderson



Tuesday
Hollywood Character Day

Senior - Emily Black
Junior - Gracia Scholl
Sophomore - Elijah Black
Freshman - Zoey Borgman



Wednesday - Movie Genre Day

Juniors (Action): Abby Eberspacher
Sophomores (Disney): Elijah Black
Freshman (Horror): Shelby Steyer
8th (Sci-Fi): Mataya Schwisow
7th (Black & White): Chase Paulsen



THROW BACK DAY

Senior:
Josie Vyhnalek
Junior:
Katy Schluter
Sophomore:
Christian Weber
Freshman:
Kiarra Fennell

SALINE COUNTY GOVERNMENT DAY

Wednesday, October 9th, the Senior American Government class attended Saline County Government Day in

Wilber. This event was sponsored by the American Legion and Legion Auxiliary units of Saline County. The day started with introductions by Forrest Doyle, Saline County Veterans Service Officer. Randy Pryor, Saline County Extension Agent, shared a "Nebraska County Government" power-point presentation. Students were assigned an office in the Saline County Government, took the oath of office, and were sworn in by Veterans Service Officer Doyle. The students spent two hours completing a scavenger hunt that took them to several of the county offices to find answers to questions concerning the various offices. Students were able to see some of the new improvements made to the county courthouse as a result of the new addition to the building. Lunch was served at the new American Legion Hall in Wilber. After lunch, students had an opportunity to learn flag folding etiquette, play the Saline County Jeopardy Quiz game, and visit the Saline County Jail.

Those seniors attending included:

James Anderson, Emily Black, Sarah Casper, Zayne Gomez, Corina Grimaldo, Mikayla Hausman, Kate Houlden, Danielle Jackson, Mason Kelley, Aubree Smith, Elyza Underwood, Josie Vyhnalek, William Yokel and Joanna Yu. – Paul Martin, American Government Teacher





WINTER WEATHER TIPS FROM YOUR SCHOOL NURSE

With Jack Frost peeking around the corner, Friend Public School wants to remind students, parents, and staff about the importance of dressing appropriately as winter weather approaches. Frostbite can settle into exposed skin *very quickly* in cold, windy conditions, so it is important for students to wear appropriate clothing when waiting for a school bus or walking to school. To avoid skin damage, all should wear a coat, a hat and gloves, and we encourage all to wear scarves, snow pants, and boots if they will be outside for activities such as P.E. or recess. Layering is the most effective way to keep warm and allows for temperature changes that may occur during the day.

Understanding Frostbite and Hypothermia

The Centers for Disease Control and Prevention points out that frostbite is an injury to the body caused by freezing. With wind-chills of less than -25 degrees F, frostbite can set in less than a half hour for adults. If the wind-chill is -40 degrees F, it can set in less than 10 minutes. It takes less time for it to set into children as they have a lower body temperature than that of adults.

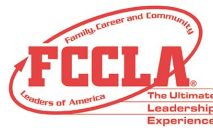
Frostbite and hypothermia are related but different conditions. Both result from exposure, but hypothermia — when your body is losing heat faster than it can produce it — is more serious and requires emergency medical help. If you have signs of frostbite, but not hypothermia, and you cannot get immediate medical help, the CDC offers this advice:

- Get into a warm room as soon as possible.
 - Warm the affected area using body heat. Frostbitten fingertips warmed under the armpits, as an example.
 - Immerse the affected area in warm — not hot — water. (The temperature should be comfortable to the touch for unaffected parts of the body.)
 - Do not rub the frostbitten area with snow or massage it at all. This can cause more damage.
 - Do not walk on frostbitten feet or toes unless absolutely necessary as this increases the damage. Do not use a heating pad, heat lamp, or the heat of a stove, fireplace, or radiator for warming. Affected areas are numb and can be easily burned.
- Hypothermia is a very dangerous condition where the body's temperature falls below 95 degrees Fahrenheit. Children already have a lower body temperature than adults, so they are more susceptible to this condition, especially when they get wet. Symptoms include:

•Shivering •Drowsiness •Slurred speech •Confusion

If you notice these hypothermia symptoms in your children, get them inside right away, out of wet clothes and wrapped in a warm, dry blanket. Call 911 immediately. Anyone suffering from symptoms of hypothermia should seek medical treatment immediately.

Please speak with your student's teacher or school nurse if you require assistance in obtaining winter clothing for your student(s).



The **Friend High School Chapter** of Family, Career and Community Leaders of America (FCCLA) and other FCCLA youth members and adult advisers from FCCLA District 2 gathered at Southeast Community College in

Milford for the annual District Leadership Conference (DLC) on Tuesday, October 22nd, 2019. FCCLA District 2 membership includes students from the following schools: Centennial, Crete, Fairbury, Friend, Lincoln Southwest, Lincoln Southeast, Milford, Seward, and Waverly. This meeting provided FCCLA members with opportunities to gain leadership skill experience, learn how to become a better leader by exploring what FCCLA is all about, attend sessions aligned with FCCLA's National Programs. At DLC, our goal is to have members increase their leadership skills and gain in personal growth. The theme for the event was Your Story, Our Story.

Members heard from representatives from the Counseling and Assistance Program for Students (CAPS) of the Milford Campus. They spoke on how to detect and respond to anyone showing suicide warning signs. At the conference, members also attended breakout sessions on seatbelt safety, yoga, career opportunities in human services, STAR, leadership, unified sports, culinary, officer opportunities and FCCLA National Programs. Also, a highlight for the day was the Knowledge Bowl Competition between chapters.

Family, Career and Community Leaders of America (FCCLA) is a dynamic and effective national student organization that helps young men and women become leaders and address important personal, family, work, and societal issues through Family and Consumer Sciences education. FCCLA has more than 164,000 members and more than 5,300 chapters from 49 state associations, Puerto Rico, and the Virgin Islands.



Attending from Friend, front row, left to right: Shelby Steyer, Kate Houlden and Jyllean Beck.

Back row: Andrew Lunt, Aubree Smith, Joanna Yu, Corina Grimaldo and Katelynn Schluter.

Serving as the chapter's District Representative was Kate Houlden.

2019 EMF Junior High Football SUMMARY

Game 1 @ Diller Odell- Win 76-8 The Defense was very aggressive and tackled well. The D and O lines dominated with the First team D allowing 0 points. Rushing offense was explosive with 9 EMF players scoring. The 2nd team scored multiple times once on a long pass play.

Game 2 @ Thayer Central-Win 44-30 Thayer Central was a very tough team, they had multiple players over 6 feet tall and were very fast and strong. It was a back and forth game with lots of big plays on both sides. With the help of a kickoff return for a touchdown as time ran out in the first half and being able to sustain long drives in the second half, EMF was able to come out on top.

Game 3 @ Friend vs Meridian- Win 82-8 EMF overwhelmed Meridian from the start and was able to have their way in all phases of the game. Our starting running backs were often untouched while running for long touchdowns almost every time they touched the ball. The younger guys played most of the game and scored on most drives while continuing to stymie the Meridian offense.

Game 4 @ Henderson- Win 52-22 EMF built a big lead quickly, shooting out a 30-0 lead by the end of the 1st quarter. The younger players again played the whole second half, much of the time against the Heartland starters and still managing to score.

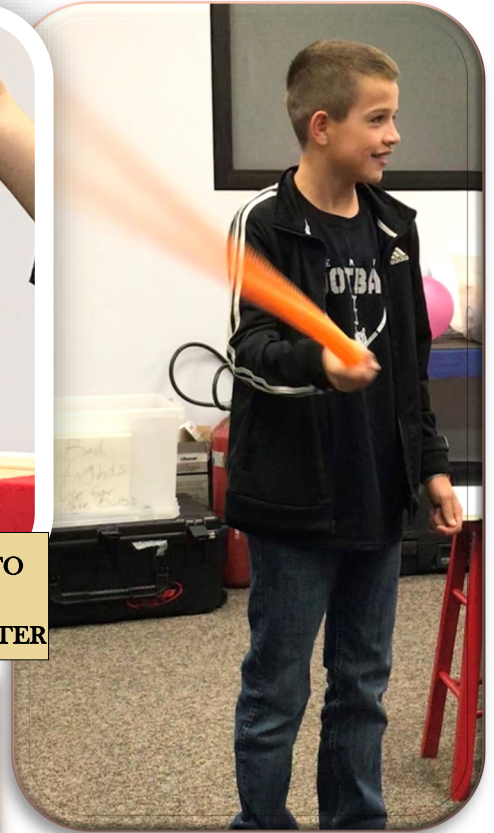
Game 5 @Milligan vs Giltner- Win 54-16 EMF again dominated from the start, deceiving and overpowering the Hornets both on offense and defense. The younger players again got a lot of playing time.

Game 6 @ Osceola vs OHP- Win 66-12 EMF cruised to the win again. Our starting 1 back had 4 carries for 4 touchdowns, never getting tackled. The team overcame a stacked 6 man defensive front and still ran wild as the EMF Offensive line dominated and the backs ran hard, breaking many tackles. The younger players again played the whole second half.

This team had a lot of talent and was very coachable, striving to get better every game. When one of our starting running backs was injured for 4 games, players stepped up and worked to take his place. These guys were truly a joy to coach. Thanks to the parents who supplied food for the away games. This season was a blast!



Back row left to right: Coach Hitchcock, Jacob Weber, Draven Payne, Devin Harrison, Spencer EberSpacher, Jordon Lawver, Tyler Due, Andrew Vavra, Breckan Schluter, Andy Drake, Jayden Capek, Jake Leif, Coach Cerveny. Front row: Mikey Bartu, Carter Milton, Aidan Vavra, William Vyhnaek, Josh Meyer, Chase Paulsen, Zach Spohn, Mason Vossler, Dayton Kremer, Tyrell Fennell.



6TH GRADE FIELD TRIP TO
EDGERTON EXPLORIT CENTER



Sixth graders had a great field trip to Edgerton Explorit Center in Aurora on Friday, October 18th. In the midst of all the "science" fun, there was all kinds of learning Happening, too!!



Student Council Happenings

- The FHS Student Council recently celebrated Homecoming with a week full of dress up days and activities. The winners of the pep rally lip-sync contest were the Freshman class. The Sophomores won best hallway. We ended the week with a pep rally celebrating all our fall sports. The EMF Bobcats were victorious against East Butler at the Homecoming football game. Following the game, our 2018 Homecoming king (Slater Wells) and queen (Bridgette Baugh) passed along their crowns to the new king and queen, William Yokel and Josie Vyhnalek. The Homecoming dance followed at the High School.
- Red Ribbon Week began on October 28th, and

Student Council promoted staying drug and alcohol free. There was a guest speaker on October 29th, and dress up days and prizes throughout the week. The theme this year was "Send a message. Stay Drug Free."
• On November 15, we will also be hosting Student Council Friday Fun Night located at the school.
More information to come!

Kate Houlden - StuCo Public Relations Officer

Mary Niemeier and Jake Wiese, StuCo Sponsors

IMPORTANT

As we move into the winter months and the chance for closing school due to

weather conditions, please make sure to call the school if you have changed your phone number or email address. Our Blackboard announcement system is the quickest way for you to receive school closing/cancellation information.

Bulldogs of the Month



Staff:
Mr. Jay Hitchcock
Industrial Arts



Student:
Emily Black - Senior

Friend Public Schools
501 South Main St.
P.O. Box 67
Friend, NE 68359

PRSR STD
ECRWSS
U.S. POSTAGE
PAID
EDDM