



Class of 2034

Kindergarten Friend Public School



Front row:

Blaire Hinton, Sawyer Stutzman, Braxton Moore,
Merari Adame, Barrett Rohrig, Wyatt Zimmer

Back row:

Dylan Anderson, Raelynn Conner, Manheim Erwin,
Lincoln Grisak, Nova Krause, Karoline Milton,
Addison Gugenhan, Justin Weber



We had a great first day in
Kindergarten, eating lunch at
school for the first time!





From the

Superintendent's Desk

It's August and "new" is in the air! Students are anxious to meet their new teachers and follow a new schedule. It is rewarding for staff to see how all the planning throughout the summer falls into place for our students. We are excited to see the great things our teachers and students do throughout this new school year.

August is the beginning of a new chapter. However, on the school budget side, it is the end of a fiscal year and budgeting for the next school year has been underway. Our school relies primarily on property taxes and builds a budget to help fund the people and programs that offer our students a great educational experience. State aid has not been a defining/pivotal factor in providing financial assistance to our schools for some years. Taxes fill the void for funding. Over the past few years, the school board and Mr. Kraus have focused on how to keep the programs in place we know students will be involved in and be successful in without overspending and maintaining a healthy budget. They were very diligent in this important task and have created a financial position that meets the needs of our district. I continue in that same thought process and will be diligent with program funding as well as continued updates in technology, curriculum, facilities, and personnel. It takes a great deal of financial resources to effectively run a school, and fortunately, we have been able to grow our budget to a healthy state and continue to ask for less in additional tax asking.

This year, overall land valuations went down a total of .5% in our district. When this occurs, usually you see a school district increase the tax levy to generate the amount of tax asking to fund the school. Overall, our school is asking for less in our general fund, but adding to the special building fund in order to prepare for some larger improvements in the coming years. We have put together a budget that slightly lowers our tax asking while taking into account the needs of the district down the road. We are also levying the same amount on the school bond fund. We are currently on track to pay off the bond in ten years.

Next month, we will approve the 2021-22 school budget. We will have a budget hearing prior to the regular board of education meeting that outlines the proposed budget. This will also be published in the newspaper for public inspection. If anyone has any questions or concerns regarding the budget, I would be more than happy to visit with you.

I am very happy to see our facility is in great shape, our technology infrastructure continues to improve, our budget continues to be healthy, we have great staff working with our students, and we have continued to offer many opportunities for our students. As always, we appreciate the community support and enjoy the partnerships that make our school great. Thank you and here's to all the "NEW" in 2021-22 and beyond!

Mr. Derek Anderson

derek.anderson@friendschool.org



Stutzman's Side Notes



"You Learn Something New Every Day"

The 2021-2022 school year is off to a wonderful start! It feels great to be back to school and diving into what a new year has to offer. The students have done a wonderful job adjusting from summer to a normal school day. Please remember to have your child (young and old) get a lot of sleep during this time of year. Also with the hot and muggy weather, it is important that your child bring a water bottle to stay hydrated during the day.

We are excited that this year we are having two parent teacher conferences again (September 29 and February 16). Please mark these dates down on your calendars. Conferences will run from 2:00-8:00 PM with a 12:30 release each time. Speaking of parents, thank you very much to the parents who came to 7th Grade Orientation, Walk to School Night, and Get to Know Your Classroom Night. We are always happy to have you in our building.

Just a friendly reminder that when you come to support our students at events (Volleyball, Football, Softball, etc.) students need to sit with their parents/guardians who brought them, not running around or walking around on the catwalk in the gym. Please also remember to model good sportsmanship for your children and also to represent our town of Friend in a positive manner at sporting events.

Thank you very much for your continued support of our students and staff!

Liz Stutzman- Principal Friend Public School

Upcoming Dates:

September 6th and 7th: No School

September: MAPS testing for K-11th grade students

September 20-24th: Homecoming Week, Pep Rally on September 24th at 12:45 pm (new gym)

September 29th: Parent Teacher Conferences for PreK-12th Grade 2:00-8:00 PM (12:30 release)



PARENTS/GUARDIANS OF JUNIORS AND SENIORS...PLEASE TAKE NOTE!

All juniors and seniors will be attending an Education Quest college planning and financial aid session on October 20. An informational letter will be sent home with students the middle of September.

Parents and guardians -- you are encouraged to join us!

The college planning and financial aid session will run from 10:00 am to approximately 10:45 a.m. in the media center. Juniors will then be excused back to class, and the seniors will take part in Apply2College Day from 11:00 to noon.

Juniors and seniors have been encouraged to create an account on EducationQuest.org and start exploring all this organization has to offer, including information about careers and colleges.

These students have also been encouraged to schedule a college visit soon!

Juniors are allowed *one* excused absence for a college visit. It's never too early to start looking!

Seniors are allowed *two* excused absences for college visits. I highly encouraged them to get one in ASAP since they'll be taking part in Apply2College Day on October 20.

Parent permission forms for college visits are due BEFORE the student is gone from school or the absence will *not* be considered excused. Forms are available in the office.

EducationQuest is offering a *virtual college fair* from September 27-30. Visit this link for more information: [EQ Virtual College Fair](#).

ACT notes: Juniors are scheduled to take the ACT on March 22, 2022. Seniors are highly encouraged to retake the ACT between now and December to make sure they have the highest score possible to impact potential financial aid and scholarships.

SCHOLARSHIP NOTES

Did your business, organization, or family provide a scholarship to last year's graduating seniors at Friend Public School? If so, please let Amy Hottovy know if you would like to make any changes to the application form or process. You may reach her via email (amy.hottovy@friendschool.org) or phone (402.947.2781 extension 212). Thank you for your generosity and support!

Any business, organization, or family interested in creating a scholarship opportunity for this year's graduating seniors is encouraged to contact Amy Hottovy at your earliest convenience.

COMMUNITY SERVICE REQUIREMENT

We are excited to continue the opportunity for our students to serve their communities! Thanks to those organizations and businesses that have already contacted us as willing partners in the program. We are still looking for more to add to our list so students can see a variety of experiences from which to choose. If you are interested in offering and supervising community service, please contact Amy Hottovy at your earliest convenience (amy.hottovy@friendschool.org; 402.947.2781 extension 212).

ELEMENTARY NOTES

Lessons with Ms. Hottovy will begin soon for our Kindergarten through 6th grade students! I'm excited to help promote their social emotional development, safety, and well-being through our new digital Second Step program. I hope you'll ask your child(ren) about the skills we practice that help them be ready to learn, be safe, and be a good friend, student & person.

PARENTING RESOURCES

Being a parent is not easy! If you are looking for assistance on how to best handle behavioral issues, parent/child conflict, aggression or arguing, or even just everyday problems that can arise, consider calling the Nebraska Family Helpline.

The Helpline is supervised by licensed mental health professionals and can assist you by assessing immediate safety needs, making recommendations or referrals to appropriate resources, and identifying the level of a behavioral/mental health crisis. It is a great way for parents to have easy access to necessary services to safely resolve challenges that families can face.


888-866-8660

www.nebraskafamilyhelpline.ne.gov





September



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
For the most current and up to date information, please go to: http://www.pioneerconference.org and click on Friend				SB @ Southern 6:00	2:00 out FB vs. East Butler (in Friend) 7:00 EMF FFA Booster Tailgate EMF FFA State Fair	SB @ Fairbury Invite 9:00 EMF FFA State Fair
			1	2	3	4
EMF FFA State Fair 5	NO SCHOOL Labor Day EMF FFA State Fair 6	NO SCHOOL Teacher Cohort JH FB @ Diller-Odell 4:00 JV FB vs. BDS (in Friend) 6:00 JH VB @ Diller-Odell 4:00 VB @ Lawrence-Nelson (Nelson) 6:00/7:00 7	<i>FCA Lunch Meeting</i> 8	SB @ Adams (Freeman/Wilber Clatonia) 4:30/6:00 VB vs. Parkview Christian 6:00/7:00 9	2:00 out FB vs. Shelby-RC (in Milligan) 7:00 10	SB @ Cozad Invite 9:00 VB—Friend Invite 9:00  11
EMF FFA Meeting (Friend) 4:00 12	JV FB vs. Diller-Odell (in Milligan) 6:00 SB vs. St. Paul/Blue River (Geneva) 4:00/7:00 BOE—Media Center 7:30 13	JH VB vs. Freeman 5:00 SB vs. Central City (Geneva) 5:00/6:30 14	EMF FFA Husker Harvest Days 15	SB @ Cross County (Polk County/ Hastings St. Cecilia) 4:30/7:30 VB @ Dorchester 6:00/7:00 16	2:00 out FB @ Tri County 7:00 EMF FFA Officer Meeting (Exeter) 2:30 17	JH VB Friend Invite 9:00 18
	JH & JV FB @ Thayer Central 4:30/6:15 JH VB @ Sterling 3:00 FCCLA FLW TBA 19	VB vs. Exeter- Milligan 5:30/6:30 SB vs. York JV only (Geneva) 6:00 <i>FCA Lunch Meeting</i> 20	<i>Sophomore Class</i> <i>Field Trip</i> 21	VB Triangle @ East Butler (East Butler/Aquinas) 5:00/6:00 JH VB vs. Dorchester 2:00 SB @ Minden 4:30/6:00 22	2:00 out FB vs. Thayer Central (in Friend) 7:00 Friend Boosters Tailgate 23	SB @ SNC Tournament (Milford) 9:00 VB-Sandy Creek Quad 9:00 24
Homecoming Week September 20—September 24						
	JH & JV FB vs. Meridian (Friend) 5:00/6:30 VB vs. Tri-County 6:00/7:00 SB vs. Adams Central (Geneva) 5:00/6:30 25	VB vs. Osceola 6:00/7:00 SB @ Milford 5:00/6:30 26	12:30 out PT Conferences 2-8pm EMF FFA Cornerstone Ag Career Day 8:00 27	JH VB @ Exeter- Milligan 3:00 28		
26	27	28	29	30		

Breakfast & Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		Breakfast Bites Chicken Nuggets Mashed Potatoes Gravy Bread/Butter <i>Fruit & Veggie Bar</i>	Chocolate Covered Mini Donuts Hot Dogs/Bun Chili Shredded Cheese <i>Fruit & Veggie Bar</i>	Chocolate, Chocolate Chip Muffins Fiestada Churro <i>Fruit & Veggie Bar</i>
1	2	3	2:00 out	3
NO SCHOOL  Labor Day	NO SCHOOL Teacher Cohort	Mini Chocolate Chip Loaf Hamburger/Bun French Fries <i>Fruit & Veggie Bar</i>	Egg Omelet Chicken Fajitas Toppings Shredded Cheese Bread/Butter <i>Fruit & Veggie Bar</i>	Biscuits & Gravy Mandarin Orange Chicken Rice Bread/Butter <i>Fruit & Veggie Bar</i>
6	7	8	9	10
Breakfast Pizza Chicken Strips Mashed Potatoes Gravy Bread/Butter <i>Fruit & Veggie Bar</i>	Breakfast Wrap Cheese Flatbread Cooked Carrots <i>Fruit & Veggie Bar</i>	Cinnamon Rolls Hot Turkey Sandwich Green Beans Bread/Butter <i>Fruit & Veggie Bar</i>	Breakfast Bites Taco Salad Toppings Shredded Cheese Corn Bread/Butter <i>Fruit & Veggie Bar</i>	Egg, Bacon Pizza Subs Chips Cookie <i>Fruit & Veggie Bar</i>
13	14	15	16	17
Donuts Mini Corn Dogs Tator Tots <i>Fruit & Veggie Bar</i>	Egg, Bacon Pizza Chicken Sticks Mashed Potatoes Gravy Bread/Butter <i>Fruit & Veggie Bar</i>	Scrambled Eggs Hamburger/Bun Baked Beans <i>Fruit & Veggie Bar</i>	French Toast Spaghetti Breadsticks Shredded Cheese <i>Fruit & Veggie Bar</i>	Chocolate, Chocolate Chip Muffins Stuffed Crust Cheese Pizza <i>Fruit & Veggie Bar</i>
20	21	22	23	24
Breakfast Pizza Breaded Chicken Patty/Bun Jell-O Cheesy Broccoli <i>Fruit & Veggie Bar</i>	Pancakes Meaty Nachos Toppings Shredded Cheese Bread/Butter <i>Fruit & Veggie Bar</i>	Egg Omelet Cheese Pizza Cookie <i>Fruit & Veggie Bar</i>	Chocolate Covered Mini Donuts Sloppy Joes Potato Smiles <i>Fruit & Veggie Bar</i>	
27	28	29	30	
		12:30 out		



NEWS RELEASE

988170 Nebraska Medical Center • Omaha, NE 68198-8170 • 1-800-222-1222 • www.NebraskaPoison.com

Serving Nebraska, Idaho, Wyoming, American Samoa, and Federated States of Micronesia

Poison Center Tips for Back-to-School

For all kids, returning to school is full of possibilities, but it can also be full of potential dangers. By talking to your children about substances that can harm them, you can help them get the best experience during their school age years. Here are a few of the potential dangers:

Hand sanitizers and food safety: with back-to-school lunches be sure to encourage hand washing and good hygiene, and when water and soap are not accessible, hand sanitizer is a good option. Remind young children that hand sanitizer is for hands only, and not to ingest it. Many hand sanitizers contain alcohol and other antibacterial additives that can cause irritation and stomach upset. Call your Poison Center if your child ingests these products. Practice food safety with proper refrigeration of foods and be conscious of packing lunches with foods such as meat and cheese products that may easily spoil, ensure adequate freezer packs are included.

Energy Drinks: can contain large doses of caffeine. Students may use these to cram during late-night study sessions, and some products contain additional stimulants promoted to increase energy, enhance mood and delay sleep. The amount of caffeine in many energy drinks is much greater than the amount found in soda and is often much greater than the amount found in a cup of coffee, posing a far greater risk of caffeine overdose and related health problems. Caffeine powders and over-the-counter energy pills can cause symptoms of stomach upset, shakiness, restlessness, sweating, headache, and may progress to seizures. Many energy drinks are consumed by teens participating in sports activities because they are believed to boost performance and to replenish fluids. These products actually increase dehydration, which can be very dangerous in outdoor sports practices, especially in areas in which higher outdoor temperatures are common.

Vaping: A vaporizer that stimulates smoking, also known as an e-cigarette, can contain more than just nicotine. Added flavorings, propylene glycol, glycerin, additives, and other contaminants are all elements of e-cigarettes. According to the National Youth Tobacco survey, vaping has steadily increased in middle school through high school students since 2013. There is heavily marketed misconception that e-cigarettes are safer than smoking an actual cigarette, and a growing body of evidence that using e-cigarettes also leads to increased use of marijuana. Vaping can increase addiction, cause breathing irritation, blurry vision, cough, chest pain, and stomach upset. Nicotine poisoning can cause stomach pain, salivation, faster heart rate, and seizures. There is also an increased risk of the device to explode due to battery temperature increase, causing injury and harm. The long-term effects to the vapor additives are unknown, and the potential risk of carcinogens.

Prescription Medication: Prescribed and used correctly, prescription drugs have legitimate uses and positive results. But prescription pain medicine, also known as opioids, are commonly misused and abused among all age groups. Opioids can slow the body's systems down to the point where a person stops breathing. Other potential dangers include ADHD drugs which are abused as "brain boosters" or "academic enhancers." Misusing or abusing them could lead to an increased heart rate, agitation, difficulty breathing, and seizures. Teens are increasingly casual about their use of over-the-counter and prescription drugs, recreationally abusing them without regard for the potential health impacts. Many times alcohol is used as a chaser, complicating the effects of the drugs. We encourage a frank discussion with your child about the dangers of experimenting with drugs. Please check out our partners at Coalition Rx at www.coalitionrx.org for more resources on this topic.

Contact the Nebraska Regional Poison Center for any questions you may have at 1-800-222-1222.

Fall 2021 Virtual College-Prep Events

EducationQuest will conduct these **free** virtual events this fall. For details and registration, see QR codes/links below.

AUGUST

- 24** | Senior College Planning • 6:30 p.m. CT
- 26** | Senior College Planning • 1 p.m. CT
- 30** | Spanish Senior College Planning • 7 p.m. CT

SEPTEMBER

- 9** | Spanish Financial Aid Webinar • 6:30 p.m. CT
- 10** | Financial Aid Webinar • 1 p.m. CT
- 14** | Financial Aid Webinar • 6 p.m. CT
- 16** | Financial Aid Webinar • 7 p.m. CT
- 20** | Financial Aid Webinar • 6:30 p.m. CT
- 21** | Spanish Financial Aid Webinar • 7 p.m. CT
- 22** | Financial Aid Webinar • 7 p.m. CT
- 24** | Financial Aid Webinar • 12 p.m. CT
- 28** | Financial Aid Webinar • 6 p.m. CT
- 29** | Financial Aid Webinar • 7:30 p.m. CT
- 30** | Financial Aid Webinar • 6:30 p.m. CT

OCTOBER

- 6** | FAFSA Tutorial • 6:30 p.m. CT
- 7** | Spanish FAFSA Tutorial • 6:30 p.m. CT
- 8** | FAFSA Tutorial • 1 p.m. CT
- 12** | Virtual College Fair • 9 a.m. - 12 p.m. CT
- 14** | FAFSA Tutorial • 7 p.m. CT
- 18** | FAFSA Tutorial • 6:30 p.m. CT
- 19** | Spanish FAFSA Tutorial • 7 p.m. CT
- 27** | FAFSA Tutorial • 6:30 p.m. CT

NOVEMBER

- 2** | FAFSA Follow-up • 7 p.m. CT
- 8** | FAFSA Tutorial • 6 p.m. CT
- 9** | Spanish FAFSA Follow-up • 7 p.m. CT
- 10** | Virtual College Fair • 5 p.m. - 8 p.m. CT
- 11** | FAFSA Tutorial • 7 p.m. CT
- 17** | FAFSA Follow-up • 2 p.m. CT
- 22** | FAFSA Follow-up • 6:30 p.m. CT

DECEMBER

- 8** | Virtual College Fair • 9 a.m. - 12 p.m. CT



REGISTER FOR
FALL WEBINARS
eqf.org/webinar



REGISTER FOR
VIRTUAL COLLEGE FAIR
eqf.org/collegefair



EducationQuest.org

Omaha
402.391.4033
888.357.6300

Lincoln
402.475.5222
800.303.3745

Kearney
308.234.6310
800.666.3721

Scottsbluff
308.708.7199
800.666.3721



EMF FFA Booster tail gate

September 3 at Friend Football field.

Serving hamburger supper from 6pm till gone.

Free will donation to help support the EMF FFA Chapter.

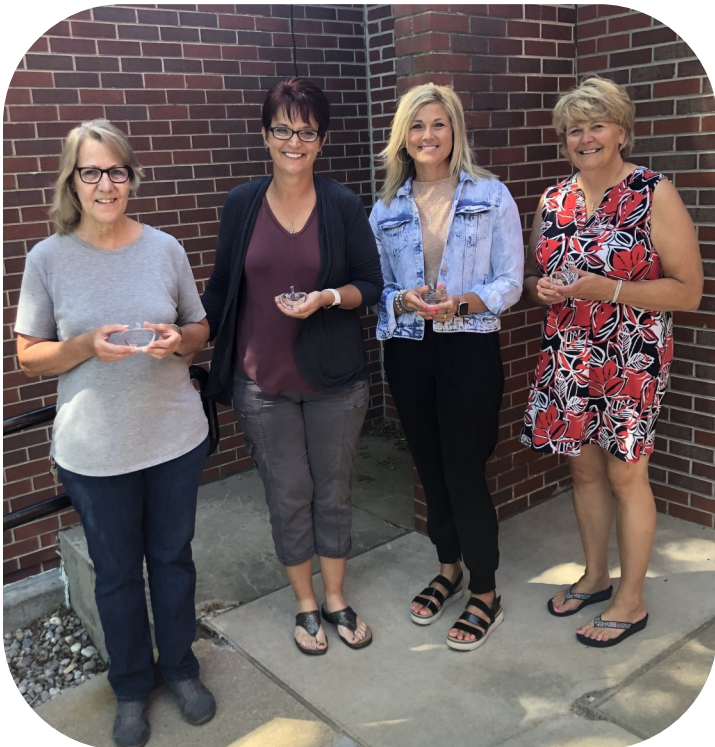
Also, this evening we will be renewing and signing up new members to be part of the EMF FFA Boosters. Individual - \$25, Family - \$50, Business or corporation - \$100. Checks can be made to EMF FFA Boosters. If unable to attend, you can send a check with your student to give to Mrs. Kohtz, our FFA advisor, or to drop off at each school office.

Purple Ribbon Meat Program will also be accepting donations this night for the meat program that provides high quality locally grown beef for our schools. We use 8-9 steers per school year total, with a total cost of \$26,000 for the steers and processing. Some of the steers are donated, and others are purchased by the program through generous donations. All donations are tax deductible. If you would like to help support this program, we will be accepting donations this night for this program, or you can make a check payable to Purple Ribbon Meat Program and drop it off at the school office.

Thank you for your support.



Staff Honored for Years of Service



We are excited to honor our staff this year:

Receiving awards are:

Colleen Foote — 21 years at FPS

Lori Klooz — 23 years of teaching

Lori Vyhnalek — 23 years of teaching

Michele Johnson-Clouse — 18 years at FPS



Congratulations to our new Elementary Student Council Members for the 2021-22 school year! These students were selected based on teacher recommendations. The members are being recognized for their leadership, kindness, work-ethic, and all-around positive attitudes! They have earned the role of leaders among their peers! The Elementary Student Council will be working on various activities and service learning projects throughout the school year. The council is sponsored by Mrs. Eigsti and Mrs. Wiese.

Congratulations to the following students!

Front row:

Corbin Stutzman, Keisyn Kirchhoff, Zachary Zirkel, Audrey Rockwell, Adilyn Meints, Maddison-Jo Allen

Back Row:

Zonder Arp, Ty Svehla, Tori Bresson, Reese Tuttle, Madelyn Kenney, Emily Bartels



The Friend Bulldog volleyball team would like to thank everyone who came to the scrimmage and brought sports drinks! We really appreciate your support! Go Bulldogs!





Student Injuries Can Happen

Offered to Families with Students - Grades PK-12

Approved By Your School/School District

What is Student Accident Insurance?

- ◆ Coverage that provides financial assistance with your out-of-pocket medical expenses when your student sustains an accidental bodily injury.

Why Consider Student Accident Insurance For Your Student?

- ◆ High Deductible/Copayments to your Family's Primary Health Insurance
- ◆ No Health Insurance for your Student
- ◆ Your Student participates in an interscholastic sport where an unexpected injury is more likely to occur.
- ◆ Your Student is prone to injuries

Coverage Options Available Through Your School

- ◆ School Time Coverage - \$16.00
 - ◆ Interscholastic Sports Coverage (w/School Time-\$91.00 or 24 Hour Coverage-\$174.00)
 - ◆ 24-Hour/Full-Time Coverage - \$99.00
 - ◆ Football Coverage - \$250.00 (Grades 9-12 for the football season)
 - ◆ Extended Dental Coverage - \$9.00
- Premium Paid Once a School Year***

To Enroll Your Student & Review Medical Benefits

Go to: www.sas-mn.com

1. Click "Enroll" in K-12 Students & Parents
2. Select State and School/District
3. Select "Brochure" to review medical benefits, coverage options, and rates.

Parents can either print and complete the enrollment form to mail with check/money order or:

You Can Purchase Coverage Online:

- ***Select "Purchase Online"***
- ***Complete online application (more than one student can be enrolled)***
- ***Pay by Credit Card/Debit***
- ***Print ID Confirmation after transaction is successful***

Accidents Can Happen and Medical Expenses are One of the Biggest Financial Hardships for Families Every Year.

For Questions, Call (800) 328-2739



Specializing in Student Accident Insurance Since 1971.

The above information is just a brief description of Student Assurance Service's student accident insurance. For more information including costs, benefits, effective dates, exclusions, limitations, please refer to www.sas-mn.com Students are able to purchase coverage only if his/her school district is a policyholder with the insurance company



Custodial Staff:

Jeff Hill, Deb Hulse, Cortney Kenney, Jon Schluter, Colleen Foote, Kevin Steffensen

Bulldogs of the Month



Students:

Vivian Weber - Senior

Chase Svehla - Junior



Friend Public Schools
501 South Main St.
P.O. Box 67
Friend, NE 68359

**PRSRT STD
ECRWSS
U.S. POSTAGE
PAID
EDDM**